

~ ~ Long Life Supplications ~ ~

An authentic request to support the longevity of sublime beings:

The Vitality That Accomplishes the Deathless Vajra State

OM ĀḤ HŪM

Lord of Life, Vairochana, the unchanging essence of supreme body,
Guardian of Life, Amitābha, the unobstructed supreme speech,
Boundless Life, Akṣobhya, the undeluded supreme mind,
The long life deities of the ratna and karma maṇḍalas who are the essence
Of the spontaneously accomplished qualities and unobstructed buddha
activities.

Grant your blessings to make the guru's life firm.

OM AMĀRANI JĪVANṬIYE SVĀHĀ

In the supreme and stainless buddhafield of deathlessness,
Upon a vajra throne supported by fearless lions,
Is the root guru in the form of Uḍḍiyāṇa Amitāyus.
From his body light radiates out which gathers back the life essence of
saṃsāra and nirvāṇa,
All the buddhas and bodhisattvas confer on him the empowerment of
immortality,
May he remain in the state of the vajra rainbow body.

OM ĀḤ HŪM VAJRA GURU PADMA SIDDHI ĀYUṢHE HŪM NRĪ JAḤ SARVA
SIDDHI PHALA HŪM ĀḤ

Arising as the glorious Vajrakumāra,
From my body emanate out countless messengers and supreme sons
Who swiftly dispel all the obstacles, enemies and hindrances to the guru's life.
By the merit of liberating the enemies of the guru,
I also attain victory over the legions of demonic obstacles and
Raise the victory banner of the dharma through teaching and practice.

OM VAJRA KĪLI KĪLAYA SARVA VIGHNĀN VAṂ HŪM PHAṬ

Ārya Tārā appears in the sky in front; the unchanging bright purple light of
dawn
Radiates out from the utpala flower she holds.
As it falls upon master and students simultaneously,
All our wishes are swiftly accomplished and
We attain the immortal vajra life force.
May we perpetually uphold and propagate the buddhadharma,
Spreading benefit and happiness to all sentient beings.

OM TĀRE TUTTĀRE TURE SARVA ARTHA SIDDHI SIDDHI KURU SVĀHĀ

This was written to support the longevity of all my eminent guides, the great beings who uphold the buddhadharma, such as the lords of refuge with the red and black crowns and since the Jamgön guru, Lodrö Thaye, said that we, father and sons, must have a practice which combines guru and Kīlaya. At some point, I also had the wish to write such a text for our monks to chant. At the time when the lord of refuge, Situ Rinpoche, master and disciples, created a wondrous and auspicious circumstances for my long life by means of the “Lamey Thugdrub Yizhin Norbu,” I offered this, in the manner of an escort, as a practice to support longevity. May it be meaningful. It is extremely important that sublime beings offer one another this type of support for longevity. It is most excellent to meditate, recite and supplicate to support the Guru's life.¹⁰¹

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Long Life Supplication for Dzongsar Khyentse Rinpoche

OM SVASTI

Skull-Garland Lotus Heruka, conqueror of māras,
Whose deathless natural wisdom mind has transformed
The root of existence into great vajra bliss,
Subjugator of apparent phenomena, please shower the blessings of
immortality.

Fearless lord of speech,
You are the vajra-holder of the profound secret treasures of wisdom and
compassion;
Victorious one of all-pervading activity,
May your three secrets remain indestructible and everlasting.

As vowed by Vimalamitra and King Trisong Detsen
To constantly manifest out of compassion,
You came as a warrior to protect the doctrine and all beings in this dark age;
May you remain forever as the unchanging vajra essence.

May the virtuous seed of this supplication,
Warmed and moistened by the undecieving two truths,
Ripen into a splendid fruit
That beautifies the three worlds with utmost auspiciousness.

*Requested by Drukchen Dungse Rinpoche, Mipham Ngawang Dechen Gyume and
Chadral Sangye Dorje on the tenth day of the fifth month at Ghoom monastery in
Darjeeling.*